

08/06/2020

Talking about sport

Focusing on phrasal verbs

A knee injury

A gym

A dojo

Badminton

I couldn't **play for** about 1 year

I played tennis since 7 years old

Since I was 7 (years old)

From the age of 7

Reduce your intake

To fasten

Core muscles

You are not becoming fat

Making cardio

If you skate hardly