



# Exercise 1

*You have 2 options, underline the correct answer.*

1. I'm not really **a bundle of nerves/a laid back** kind of person.
2. After that night of heavy drinking I felt **as sick as a dog/as fresh as a daisy**.
3. Just reading a book in the garden really helps me **break out in cold sweat/recharge my batteries**.
4. Tomorrow I'm **going under the knife/recharging my batteries** and getting my appendix removed.
5. I really have issues with migraines and then I always have **a frog in my throat/ a splitting headache**.
6. Lately I'm really **a bundle of nerves/as fresh as a daisy**, I guess it's all the extra work.
7. I just can't be on stage, I always feel **as sick as a dog/break out in cold sweat**.
8. I slept 12 hours straight, I must have been really tired, but now I feel **as fresh as a daisy/ as sick as a dog**.
9. Maybe some tea with honey will help me with my **frog in my throat/ splitting headache**.



## Exercise 2

recharge your batteries	as fresh as a daisy	as sick as a dog
go under the knife	a frog in your throat	splitting headache
break out in cold sweat	bundle of nerves	laid back

*Fill in the correct answer*

1. I'm afraid of ..... and really don't like hospitals.
2. My job is really stressful, I'm always a.....
3. Every time I think about doing a presentation I .....
4. I couldn't speak all day, .....
5. I had to .....after the heavy working week.
6. I felt ..... and couldn't leave my bed.
7. I woke up well rested and felt.....
8. I wish I could be ..... and relaxed about it but I just worry.
9. I need to lay down, I'm having a.....



# Speaking Practice

*Talk to your **partner** and answer the questions*

1. How do you **recharge your batteries**?
2. When was the last time you felt **as fresh as a daisy**?
3. Have you ever felt **as sick as a dog**?
4. Have you ever **gone under the knife**?
5. Have you ever **had a frog in your throat**?
6. Have you ever **had a splitting headache**?
7. Have you ever **broken out in cold sweat**?
8. Are you sometimes **a bundle of nerves** or are you always **laid back**?



# Answer Key

## Exercise 1

1. I'm not really **a laid back** kind of person.
2. After that night of heavy drinking I felt **as sick as a dog**.
3. Just reading a book in the garden really helps me **recharge my batteries**.
4. Tomorrow I'm **going under the knife** and getting my appendix removed.
5. I really have issues with migraines and then I always have **a splitting headache**.
6. Lately I'm really **a bundle of nerves**, I guess it's all the extra work.
7. I just can't be on stage, I always **break out in cold sweat**.
8. I slept 12 hours straight, I must have been really tired, but now I feel **as fresh as a daisy**.
9. Maybe some tea with honey will help me with my **frog in my throat**.

## Exercise 2

1. I'm afraid of **going under the knife** and really don't like hospitals.
2. My job is really stressful, I'm always **a bundle of nerves**.
3. Every time I think about doing a presentation I **break out in cold sweat**.
4. I couldn't speak all day, I **had a frog in my throat**.
5. I had to **recharge my batteries** after the heavy working week.
6. I felt **as sick as a dog** and couldn't leave my bed.
7. I woke up well rested and felt **as fresh as a daisy**.
8. I wish I could be **laid back** and relaxed about it but I just worry.
9. I need to lay down, I'm having a **splitting headache**.